



ADULT MEALS: \$5/ Lunch

OCTOBER 2022

KENWOOD ELEMENTARY SCHOOL

ALL STUDENT MEALS
ARE FREE FOR THE
'22-'23 SCHOOL YEAR

Monday	Tuesday	Wednesday	Thursday	Friday
*Hispanic Heritage Celebration Assorted Tamales 3	Garlic Butter Pasta w/ Breadstick (V) 4	Cheesy Pull Apart (V) 5	Chicken Tender w/ Rice 6	Cheese Pizza 7
Hot Dog w/ Tater Tots 10	Rib-BQ Sandwich 11	Bean & Cheese Burrito (V) 12	Breakfast 4 Lunch 13	Pepperoni Pizza 14
Corn Dog 17 Protein Pack (V)	Galaxy Pizza 18	Fresh Salad Bowl (V) 19	Grilled Cheese (V) 20	Cheese Pizza 21
Bean & Cheese Burrito (V) 24	Pasta Primavera (V) 25	Chicken Burger 26	Quesadilla (V) 27	Pepperoni Pizza 28
Corn Dog 31 Protein Pack (V) *Holiday Cookie*	<p>*Hispanic Heritage Month is celebrated from September 15th to October 15th</p> <p>*Students who receive school lunch will receive a whole grain pumpkin cookie on Halloween.*</p>			

WE OFFER FAT FREE CHOC.MILK & 1% MILK WITH EACH MEAL. SELECT HALF CUP OF FRUIT, VEGGIE OR MORE.
EACH STUDENT IS ENTITLED TO ONE LUNCH EACH DAY. MENU IS SUBJECT TO CHANGE.
ANY QUESTIONS? CALL RVUSD FOOD SERVICE DEPARTMENT AT (707)308-3643
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.



We are still accepting online applications. Please visit www.myschoolapps.com