

Kenwood School Newsletter

Principally Speaking

September 27, 2017

I would like to remind all of our families that we are in the midst of our KIDS (Kenwood Invests in Dynamic Students) Campaign. Our goal is to have 100% participation at whatever financial level is comfortable and affordable for each family. We are currently at the 10% level in terms of participation.

If you would like to take part in this effort to support our programs that benefit our children (Classroom Instructional Assistants, Art, Music, Library, Physical Education, Cougar Club, School Lunch Program, STEAM), please consider donating to this campaign by making a check out to the Kenwood Education Foundation. You may turn in any donations to Mrs. Borgert in our school office. Thank you for your ongoing support of our school!

Upcoming Events

9/28 PICTURE DAY, Retakes will be on November 2, 2017

10/4 Rainbow Garden Field Trip to Pumpkin Patch in Petaluma

10/5 KSA Meeting, Art Room, 8:30 a.m.

10/6 K Field Trip to Spring Lake Discovery Center, 9-12

10/11 School Site Council Meeting, 1:45 p.m., School Library

10/12 Board of Trustees Meeting, 4 p.m., School Library

10/16-10/20 Sixth Grade Outdoor Education Field Trip to Marin Headlands

10/17 Grade 3 Field Trip to Luther Burbank Center, 8:20-11:00 a.m.

10/18 Grades 1 & 2 Field Trip to Tolay Fall Festival

REMINDER

Picture Day

Thursday, September 28, 2017

Remember to send your picture packet envelope with your child or
order on-line at mylifetouch.com

Picture Day ID: BY317884Q0

STEAM Supplies

Mrs. Ehn is looking for help in collecting 2 liter bottles for an upcoming STEAM project. If you happen to have any, don't put them in the recycling can just yet.

Bring them to school, and we can repurpose them.

Please place cleaned bottles in the bin located by the front office.

Thank you for your support!

Helping Hearts Update



Thank you to everyone who contributed to our coin collection buckets in the classrooms and office. Kenwood Elementary School is sending a check for \$454.97 to the Hurricane Harvey Relief Fund.

School Lunch News:

On Facebook, search for the "Kenwood Café" to find out about our exciting school lunch program.

Main Office: 833-2500

Attendance Line: 341-0102

Cougar Club: 833-4383

Rainbow Garden Preschool: 833-6551

Cougar Club Notice:

Cougar Club contracts are ready!

Please turn your contracts along with your payments no later than Friday, October 6th to avoid drop in fees. Please consider completing the contracts as some days get close to capacity and we need to be prepared for staffing on those days.

Thank you.

Cougar Club Staff

Rainbow Garden:

We still have openings for fall on Tuesdays, Wednesdays and Thursdays.

A Great Place for Preschool Kids to Grow

Now Enrolling for Fall

- A fertile, loving and magical place, where kids use their imaginations, learn, get messy, and have fun!
- Days are rich with song and joyful exploration. Come visit us!

● M, T, Th, F 8:15-2:15, W 8:15-1:15

Lic.#49011142 **707-833-6551**



SAVE THE DATE

KEF Events

Grandparents and Special Friends Day: March 30, 2018

Lights, Camera, Auction 2018!: May 5, 2018

KSA Events

Jog-a-Thon: October 26, 2017

Harvest Festival: October 27, 2017

Parent Reminder:

Picture Day, Thursday, September 28, 2017

ART NEWS:

Parents please save the following items for upcoming art projects. You can drop them off on Fridays in Room 13 (unless they can put them in that room on other days??) Thanks so much! Maria Crane

1. corks,
2. Altoid and small tins
3. opaque milk, water or vinegar jugs
4. pinecones
5. old clear CD plastics
6. yarn, thread and ribbon
7. small wood pieces, 6 inch square, 5 by 7" or 8 by 10"

Kenwood After School Art Adventure Club

Come join us on Thursdays for an artistic adventure learning to draw and painting like the masters. Develop your drawing skills using perspective, explore color theory, and painting techniques using both watercolor and acrylics.

Grades 4-6

Thursdays 3:05-4 pm

October 5th,12th,19th,26th,November 2th,9th,16th,30th

December 7th,14th

taught by art specialist Maria Crane (mariacrane.com)

Cost \$100 per student for 10 classes, includes all materials

Limited to 10 students

Please fill out the bottom of this page and return it to the office no later than September 29th with a check made payable to Kenwood School. If you have any additional questions feel free to contact Maria Crane at 322-8002

Kenwood School After School Art Adventures

Student's Name_____

Parents/Guardian Name_____

Address_____ **zip**_____

Telephone Number_____



What's Cookin'

In the Kenwood Café

For the week of October 2nd:



Monday - Sandwich Bar & Fruit Salad

Sandwiches are customized the way each student would like with an array of toppings and spreads on our salad bread. Some options include: cheese, tomato, lettuce, pickles, mayo, mustard, pesto mayo, and red pepper hummus. Our sandwiches are served on the sliced sourdough and sliced rye donated by Sonoma County's own Village Bakery!

Tuesday - Bean Burrito & Rice

Wednesday - Spaghetti, Veg & Garlic Bread

Spaghetti is one of our most popular menu items. The students love the fresh made marinara. I regularly get asked what my recipe is for my red sauce although my base is the same (diced tomatoes, fresh garlic, celery, onion, and carrots), I always manage to sneak additional veggies in there as well... zucchini, squash, eggplant, and bell peppers to name a few.

Thursday - Noodle Bowl

Friday - Homemade Nachos w/Rice & Beans

When most people think Nachos they visualize the neon yellow canned cheese, right? That is far from the case here. The cheese sauce we serve is made from scratch with Clover milk, shredded cheddar cheese, a dot of hot sauce (not enough to be spicy, just enough to brighten the flavor), and like my macaroni & cheese sauce, Cauliflower is a common secret ingredient. The flavor the Cauliflower lends is one that leads to a unique taste most can't quite put their finger on, but one that keeps them coming back.

Let's talk about daily snack offerings....

- Roasted red pepper hummus is offered in a 2 oz container for \$.50 which can be paired with baby carrots (\$.50) or pretzels (\$.50). Our hummus is made weekly and is often found on the salad bar as well.
- Fresh fruits and vegetables... \$.50 each. Typical offerings include apples, bananas, celery sticks, baby carrots, orange slices, or kiwi.
- Chex mix \$.50, organic popcorn \$.50, and granola bars \$.50
- Belvita Biscuits \$1.00 commonly offered flavors- blueberry, cranberry orange, cinnamon, and coconut. (These are whole grain breakfast crackers/biscuits. That taste like a treat, but keep your your energy sustained and tummies full until lunch time).
- Rotating Daily items include: Fresh baked muffins, Smoothies, Oatmeal, and Parfaits

"I love the spaghetti and smoothies!" - Lauryn, 3rd Grade

Did you know? -Adults are always welcome to dine with their student (\$3.50 Child, \$4.00 Adult). All we ask is that you sign up with the office in the morning of your visit, and get a visitors pass. Come see how school lunches *should* be!

Kindergarteners, although they don't stay for school lunch until November 27th, you and your student are welcome to join us for lunch at 12 o'clock if you stay after class!

Sign up in the office when dropping off your student in the morning, so the kitchen can accurately prepare for each guest.

As always, our menu items have a **vegetarian** option available.

The Kenwood Café is online at www.facebook.com/kenwoodcafe

-See "what's Cookin'" with pictures, videos, menus and chat directly w/ Mrs. Wolfe!
(dwolfe@kenwoodschoool.org)

October 2017 Kenwood School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Cold Sandwich Bar Meat, cheese, vegetables, & spreads ** -Fruit Salad -Salad Bar & Fruit	Bean Burrito Refried pinto beans, with cheese in a flour tortilla. -Rice -Salad Bar & Fruit	Spaghetti w/Marinara -Garlic Bread -Seasonal Vegetable -Salad Bar & Fruit	Noodle Bowl Build a noodle bowl with meat, and/or vegetables -Choice of sauce -Seasonal Vegetable -Salad Bar & Fruit	Homemade Nachos - Beans and Rice - Nacho toppings -Salad Bar & Fruit
9	10	11	12	13
Chicken Parmesan Sandwich or Veggie Parm - w/ Marinara ** -Salad Bar & Fruit	Chicken Tortilla Soup w/Rice -Chips & Salsa -Salad Bar & Fruit	Chicken Katsu Breaded chicken w/sweet and tangy sauce over rice. -Salad & Fruit **	Pizza Day Choice of meat or veggie pizza -Fruit Salad -Salad Bar & Fruit	Vegetarian Chili -Chili toppings -Cornbread -Salad Bar & Fruit
16	17	18	19	20
Grilled Cheese Sandwich w/Tomato Soup -Salad Bar & Fruit	Taco Bar -Soft shell tortillas -Meat/Veg option -Rice, Beans, & toppings -Salad Bar & Fruit	Chicken Tikka Garlic, Tomatoes, and Indian Spices over Rice -Seasonal Vegetable -Salad Bar & Fruit	Beef Stew Carrots, onions, and potatoes in a brown gravy. -Salad & Fruit	Cheese Raviolis w/Marinara -Garlic Bread ** -Salad & Fruit
23	24	25	26	27
Meatball or Veggie Meatball Sandwich w/Marinara ** -Caesar pasta salad -Salad Bar & Fruit	Chicken Burrito Flour tortillas filled with chicken, rice & cheese -Beans -Salad Bar & Fruit	Breakfast for Lunch Waffles, Fruit, & breakfast meat ** -Salad Bar & Fruit	Chicken Noodle Soup Or Veggie Soup -Roll -Salad & Fruit	Macaroni & Cheese w/bowtie noodles -Seasonal Vegetables -Salad Bar & Fruit
30	31			
Pulled BBQ Sandwiches -Shred Meat coated -w/ BBQ Sauce -Cabbage Slaw -Salad Bar & Fruit	Chicken or Cheese Enchiladas Tortilla topped w/red sauce -Rice & Beans -Salad Bar & Fruit			Lunch Full Price: \$3.50 Lunch Reduced: \$1.00 Salad Bar Only: \$2.00 Salad Bar Reduced \$.75 Adult Lunch: \$4.00 Adult Salad Bar: \$3.25 Milk: \$.50

OKTOBERFEST 2017



A BENEFIT FOR SONOMA VALLEY SOCCER

SATURDAY, OCTOBER 7

NOON TO 9PM · HISTORIC SONOMA PLAZA
ACTIVITIES FOR KIDS · BBQ · TACOS



ENJOY LIVE MUSIC ALL DAY WITH
LOOSELY COVERED

ALSO FEATURING MAYRA PROJECT,
10-15, AND CANNON SCHOOL OF MUSIC'S
YOUNG BANDS!



ALL PROCEEDS FROM
FUNDRAISER GO TO
BUILDING **MODERN
PUBLIC SOCCER
FACILITY IN SONOMA!**



FOR MORE INFO VISIT
SONOMASOCCER.ORG



Support the **KiDS** Campaign!

Support highly needed programs at Kenwood Elementary School. **K**enwood **I**nvests in **D**ynamic **S**tudents funding secures the following programs, including:

In Class Instructional Assistants

Afterschool Cougar Club

Music Taught By Professionals

Art By Established Artists

STEAM program (Science & Technology interpreted through Engineering and the Arts)
STEAM Lab

Participating in the **KiDS** Campaign will help us keep these programs alive! **Your Participation Matters!** Please give what you can, every dollar counts. To put it in perspective, **WE** need to raise approximately \$1,100 per student each year as the State does not provide enough funding. As a token of our appreciation for your donation, you will receive THE Kenwood bumper sticker.

Donating is easy. To donate, either go to www.kenwoodeducationfoundation.org or visit our school office.



Thank you for making things Good in the Wood!

KIDS CAMPAIGN DONATION FORM

(On-Line convenient donation form @ www.KenwoodEducationFoundation.org)



- * Keep Programs Running
- * Corporate Matching Available
- * Sponsorships Available

Parent's Name _____ Date ____ / ____ / ____

Children's Names & Grades _____

Phone _____ E-mail _____

Mailing Address _____

Payment Information *(all information submitted on this form will remain confidential.)*

I agree to contribute one or more of the following:

\$ _____ monthly = \$ _____
(enter amount) (enter total)

\$ _____ One Time Donation
(enter amount)

I am willing to sponsor another child on a **one-time basis** in the amount of \$ _____.

I am willing to sponsor another child on a **monthly basis** in the amount of \$ _____ totalling \$ _____.

Please charge my credit card for the amount indicated above. For pledges, the Kenwood Education Foundation is authorized to charge my credit card on a monthly basis until the pledge is fulfilled or until I indicate that I would like to change my pledge amount.

Name as it appears on credit card: _____

Credit Card #: _____ CVC code: _____ Exp. Date: _____

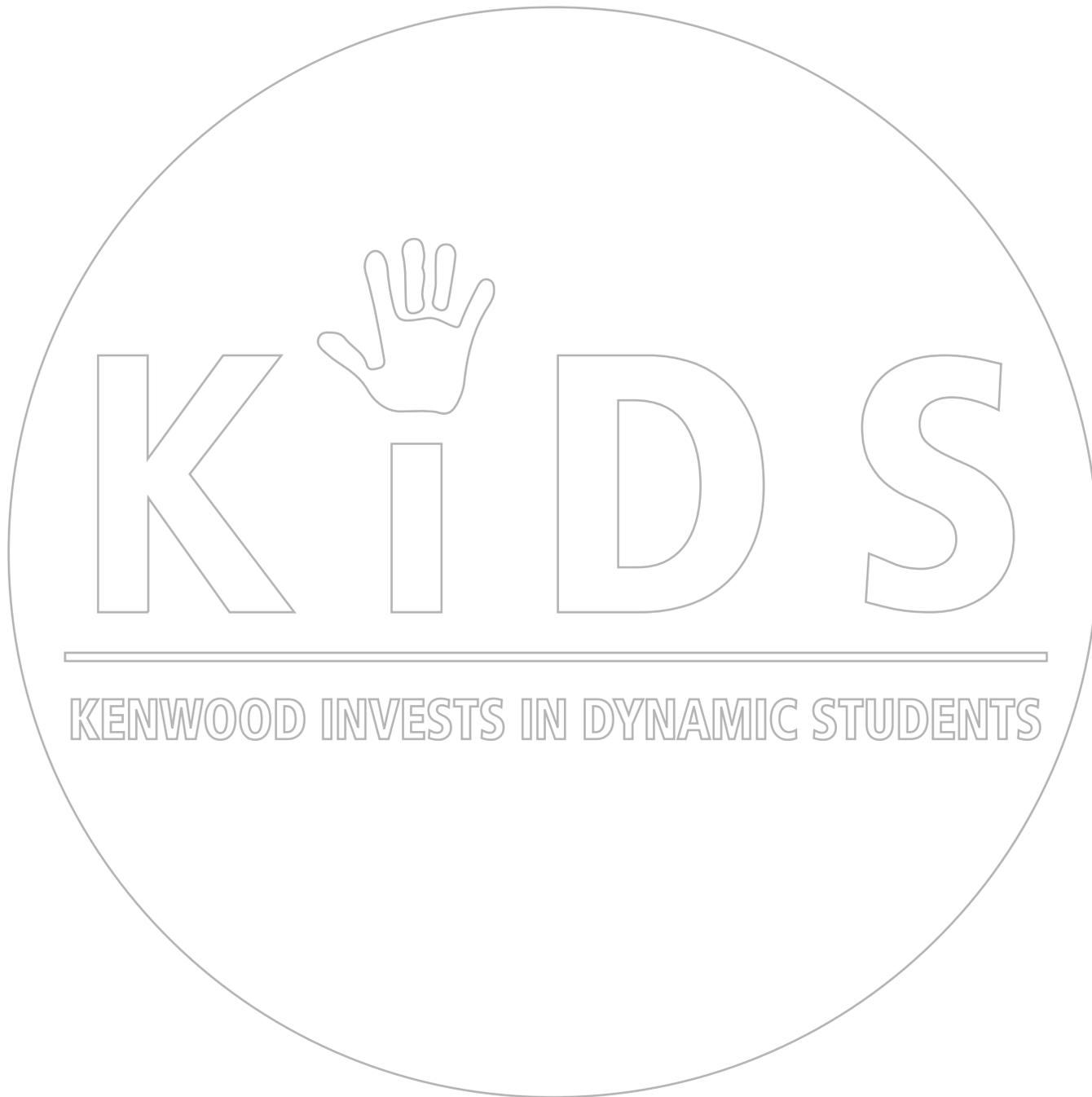
Signature: _____

THANK YOU FOR YOUR SUPPORT!

Employer Corporate Matching Gifts
(please ask us if you are not sure what this means)

A matching gift is forthcoming from my employer _____ in the amount of \$ _____.
(Company Name)

Please make checks payable to Kenwood Education Foundation and write "KIDS Campaign" in the notation space. You may mail your donation form and check to KEF, PO Box 85, Kenwood, CA 95452. Please do not mail cash, OR you may deposit your donation form with your check or cash in the KEF box in the school office. Visit us at www.KenwoodEducationFoundation.org for online donation and additional information.



Designed by _____ Grade _____

Date _____

DESIGN THE LOGO FOR NEXT YEAR!

If you WIN, your logo will be seen in many places and Your Picture will be in the newspaper!

YOU Could become FAMOUS!!!

DETAILS:

- A. Use the blank outlined logo on the other side.
- B. Get creative as you like - add whatever you want, wherever you want.
- C. Entry must be handed in to your teacher or the front office along with ANY donation by October 16, 2017.

