



Dear Kenwood School Families,

I hope you are doing well and are back into the swing of things after the holiday season. The students seem to love the great weather and playing outside during PE and recess times. This is the time of year when both students and teachers begin buckling down for the rest of the year. Students have learned their teacher's expectations, teachers now know and understand each individual student much better and we have a fairly uninterrupted stretch between now and our next long break starting on March 21.

Meanwhile, the 4th and 5th grade are piloting a new Reading Program through Accelerated Reader. They are all aiming for the reading goals in order to receive raffle tickets for various prizes such as Apple AirPods, Bose wireless speakers, gift cards and more. We hope to bring this program to the entire school in the future.

There are early signs that Omicron has reached its peak. Please do not let down your guard, however. Please monitor your students for any symptoms, provide them with well fitting masks (we do have extra at school should you need one), and remind them to be diligent. We have been lucky so far at school.

There are multiple testing locations around the county. Please visit <https://socoemergency.org/events/category/pop-up-testing/> for dates and locations. We hope to receive more test kits to send home but have had no confirmation if or when this may happen. We will notify you immediately, if we get more.

To order four free tests for your household, please go to [COVIDTest.gov](https://COVIDTest.gov) and fill out the quick and easy questionnaire. It really does take less than 1 minute.

We recognize that the new changes in CDPH protocol can create some confusion. If the past is any indicator, just as soon as we get used to these protocols, there will be changes that confuse us all over again. However, the following charts may help to explain various scenarios.

**[Isolation and Quarantine Recommendations for the General Public \(not applicable to healthcare personnel\)](#)**

**Table 1**

Persons Who Test Positive for COVID-19 (Isolation)	Recommended Action
<p>Everyone, regardless of vaccination status, previous infection or lack of symptoms.</p>	<ul style="list-style-type: none"> <li>• <b>Stay home</b> (PDF) for at least 5 days.</li> <li>• Isolation can end after day 5 if symptoms are not present or are resolving <b>and</b> a diagnostic specimen* collected on day 5 or later tests negative.</li> <li>• If unable to test or choosing not to test, and symptoms are not present or are resolving, isolation can end after day 10.</li> <li>• If fever is present, isolation should be continued until fever resolves.</li> <li>• If symptoms, other than fever, are not resolving continue to isolate until symptoms are resolving or until after day 10.</li> <li>• Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings (see Section below on masking for additional information)</li> </ul> <p>*Antigen test preferred.</p>

**Table 2**

Persons Who are Exposed to Someone with COVID-19 (Quarantine)	Recommended Action
<ul style="list-style-type: none"> <li>• Unvaccinated; OR</li> <li>• Vaccinated and booster-eligible but have <b>not</b> yet received their booster dose.**</li> </ul> <p>(Refer to <a href="#">CDC COVID-19 Booster Shots</a> to determine who is booster eligible)</p>	<ul style="list-style-type: none"> <li>• <b>Stay home</b> (PDF) for at least 5 days, after your last contact with a person who has COVID-19.</li> <li>• Test on day 5.</li> <li>• Quarantine can end after day 5 if symptoms are not present <b>and</b> a diagnostic specimen collected on day 5 or later tests negative.</li> <li>• If unable to test or choosing not to test, and symptoms are not present, quarantine can end after day 10.</li> <li>• Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings (see Section below on masking for additional information).</li> <li>• Strongly encouraged to get vaccinated or boosted.</li> <li>• If testing positive, follow isolation recommendations above.</li> <li>• If symptoms develop, test and stay home.</li> </ul>

\*\* Workplace Setting (not applicable to healthcare personnel):

In a workplace setting, asymptomatic employees in this category are not required to stay home from work if:

- A negative diagnostic test is obtained within 3-5 days after last exposure to a case
- Employee wears a well-fitting mask around others for a total of 10 days
- Employee continues to have no symptoms.

**Table 3**

<b>Persons Who are Exposed to Someone with COVID-19 (No Quarantine) Recommended Action</b>	
<ul style="list-style-type: none"><li>• Boosted; OR</li><li>• Vaccinated, but not yet booster-eligible.</li></ul> <p>(Refer to <a href="#">CDC COVID-19 Booster Shots</a> to determine who is booster-eligible)</p>	<ul style="list-style-type: none"><li>• Test on day 5.</li><li>• Wear a well-fitting mask around others for 10 days, especially in indoor settings (see Section below on masking for additional information)</li><li>• If testing positive, follow isolation recommendations above.</li><li>• If symptoms develop, test and stay home.</li></ul>

Nate Myers  
Kenwood School District  
Superintendent/Principal  
230 Randolph Ave. Kenwood, CA 95452  
707-833-2500 x 118

### New from KSA

Kenwood School Spirit Gear NEW online store. Available all year with seasonal specials/sales, delivery to your home and 10% of purchases donated to Kenwood School Association.

Start shopping:

**Store link:** <https://1stplace.sale/12850>

### Hello Cougar Club Families!

It's that time again. Cougar Club contracts are due FRIDAY, February 4th. Contracts can be found in Cougar Club, the main office and online under the Cougar Club page on the school's website.

Also, we are asking that families get back into the habit of clocking out with the time clock when you pick your child up from Cougar Club.

Thank you.

## A Great Place to Grow

### Now Enrolling for Fall

• A fertile, loving and magical place, where kids use their imaginations, learn, get messy, and have fun!

• Days are rich with song and joyful exploration. **Come visit us!**

• M,T,Th,F 8:15-2:15, W 8:15-1:15

Lic.#49011142 **707-833-6551**



### Upcoming Events

1/28 Sports Day: Wear a jersey or something representing your favorite sport or team!

2/3 Board of Trustees Meeting, School Library, 4:00 p.m.

2/14 Local Holiday: Lincoln's Birthday - No School

2/21 Presidents' Day Holiday: No School

2/28 Teacher Workday: No School

Spring Break: March 21-25

### *Attendance Line:*

*To report your child's absence, please call (707)341-0102. Please state your child's name and the reason for the absence. Thank you.*

### *School Lunch News:*

*Student lunches are available, M-F.*

*Please pre-order at [lunchorders@kenwoodschoo.org](mailto:lunchorders@kenwoodschoo.org) by Friday at 2:00 p.m. for the following week. You may also sign up in the morning at the front of the school, if you did not pre-order.*



# COUNTY OF SONOMA

## COVID-19 TESTING: JAN. 24-30

### Multi-day Clinics

**Coddington/Curative \***  
Daily, 8 a.m.-3:30 p.m.  
1000 Coddington Center,  
Santa Rosa

**Fiesta Plaza/Curative \***  
Monday-Friday, 7 a.m.-2 p.m.  
200 Siesta Way, Sonoma

**Rohnert Park Community  
Center/Curative \***  
Monday-Friday, 8 a.m.-3:30 p.m.  
5401 Snyder Lane, Rohnert Park

**Windsor Bluebird  
Center/Curative \***  
Monday-Thursday and Sunday,  
8 a.m.-3:30 p.m.; 25 Bluebird Drive, Windsor

**West County Community Health Center/Curative**  
Monday, Tuesday and Friday 10 a.m.-5 p.m.  
652 Petaluma Ave., Sebastopol

**Foundry Wharf/Molecular Matrix \***  
Monday, Saturday and Sunday, 9 a.m.-2 p.m.  
625 2nd St., Petaluma

**New Life Christian Fellowship/Curative\***  
Tuesday-Friday, 11 a.m. - 6 p.m., Saturday 8 a.m.-3 p.m.  
1315 Rand St., Petaluma

**Roseland Community Center/Fox Home Health \*\***  
Tuesday-Saturday, 9 a.m.-4:30 p.m.  
779 Sebastopol Road, Santa Rosa  
*Antigen "rapid" testing of symptomatic individuals is offered  
based on medical assessment and as tests are available.*

**Redemption Hill Church/Molecular Matrix \***  
Monday, 11 a.m.-4 p.m.; Tuesday-Friday, 9 a.m.-2 p.m.  
2100 Petaluma Hill Road, Santa Rosa

### Monday January 24

**Monte Rio Community Center/LHI\***  
7 a.m.-7 p.m.; 20488 Hwy. 116, Monte Rio

**Healdsburg Community Center/Curative \***  
8 a.m.-3:30 p.m.; 1557 Healdsburg Ave., Healdsburg

### Tuesday January 25

**Petaluma Valley Baptist Church/LHI \***  
7 a.m.-6 p.m.; 580 Sonoma Mountain Parkway, Petaluma

**Cotati Park and Ride/ LHI \***  
7 a.m.-7 p.m.; 146 St. Joseph Way, Cotati

**Cloverdale High School/Curative**  
7 a.m.-2 p.m.; 509 N. Cloverdale Blvd., Cloverdale

### Wednesday January 26

**Cotati Park and Ride/ LHI \***  
7 a.m.-7 p.m.; 146 St. Joseph Way, Cotati

To search for  
clinics by date:



### Wednesday January 26

**Cloverdale High  
School/Curative \***  
7 a.m.-2 p.m.; 509 N.  
Cloverdale Blvd., Cloverdale

**West County Community  
Services/Curative \***  
8 a.m.-3 p.m.; 15010 Armstrong  
Woods Road, Guerneville

**Andy's Unity Park**  
Wednesday, 9:30-11:30 a.m.; 3399  
Moorland Ave., Santa Rosa. *Antigen  
testing, no appointment needed*

### Thursday January 27

**Galvin Park/LHI \***  
7 a.m.-7 p.m.; 3330 Yulupa Ave., Santa Rosa

**Geyserville Elementary School/Curative\***  
8 a.m.-2 p.m.; 21485 Geyserville Ave., Geyserville

**Petaluma Valley Baptist Church/Molecular Matrix \***  
9 a.m.-2 p.m.; 580 Sonoma Mountain Parkway, Petaluma

**Resurrection Parish/Curative \***  
8 a.m.-3 p.m.; 303 Stony Point Road, Santa Rosa

**The Grange Hall, Cloverdale**  
9:15-11:15 a.m.; 201 Commercial St., Cloverdale  
*Antigen testing, no appointment needed*

### Friday January 28

**A Place to Play Park/LHI**  
7 a.m.-7 p.m.; 2375 W. 3rd St., Santa Rosa

**Salvation Army/LHI \***  
7 a.m.-7 p.m.; 721 S. McDowell Blvd., Petaluma

**Petaluma Valley Baptist Church/Molecular Matrix**  
9 a.m.-2 p.m.; 580 Sonoma Mountain Parkway, Petaluma

### Saturday January 29

**Alliance Medical Center/LHI \***  
7 a.m.-7 p.m.; 1381 University Ave., Healdsburg

**Knox Presbyterian Church/LHI \***  
7 a.m.-7 p.m.; 1650 W. 3rd St., Santa Rosa

### Sunday January 30

**West County High School/LHI \***  
7 a.m.-7 p.m.; 6950 Anala Ave., Sebastopol  
*(student parking lot)*

**Boyes Hot Springs Park and Ride/Curative \***  
8 a.m.-3:30 p.m.;  
Hwy.12 & Thompson Ave., Boyes Hot Springs

*Free, convenient, confidential COVID-19 testing is available to all  
Sonoma County residents, regardless of document status.*

\* Testing for any age with parent support

\*\* Testing for ages two years and older

To search for  
clinics by location:



**Curative:** Walk-ups may not be available, make appointments at [curative.com](https://www.curative.com) or call (888) 702-9042

**Molecular Matrix:** Walk-ups may not be available, make appointments at [molecularmatrix.com/covidtesting](https://molecularmatrix.com/covidtesting).

**LHI:** Appointment recommended: [lhi.care/covidtesting](https://lhi.care/covidtesting) or call (888) 634-1123 | **Fox Home Health:** Walk-ins only.

Questions? Visit [socoemergency.org/test](https://socoemergency.org/test) or call (707) 565-4667

# February 2022 Kenwood School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
31	1	2	3	4
<b>Chicken Parmesan Sandwich</b> Breaded chicken on a bun with marinara & cheese -Caesar salad -Drink	<b>Chicken Burritos</b> Flour tortillas filled with chicken, rice, & cheese -Chips and salsa -Drink	<b>Spaghetti</b> Homemade marinara sauce with al dente pasta -Caesar salad & roll -Drink	<b>Fried Rice</b> Rice sautéed with ginger, garlic, green onion & egg -Potstickers -Drink	<b>Beef Raviolis</b> Homemade marinara sauce with beef ravioli -Caesar salad & roll -Drink
7	8	9	10	11
<b>Chicken Pesto Sandwich</b> Breaded chicken on a bun with pesto sauce -Caesar salad -Drink	<b>Beef Burrito</b> Steamed rice, beef, and shredded cheese in a flour tortilla -Chips & salsa	<b>BBQ Chicken</b> with a cornbread muffin -Baked beans -Drink	<b>Teriyaki Chicken</b> Soy, ginger, and garlic marinated chicken over steamed rice -Potstickers -Drink	<b>Cheese Pizza</b> Homemade marinara & mozzarella cheese -Caesar salad -Drink
14	15	16	17	18
<b>No school for Lincoln's Holiday</b>	<b>Chicken Enchiladas</b> Corn tortillas filled w/chicken, sauce & cheese -Chips & salsa -Drink	<b>Breakfast Day</b> French Toast w/apple sauce & breakfast ham -Fruit -Drink	<b>Chow Mein</b> Noodles sautéed w/ginger, garlic, bell pepper & soy -Potstickers -Drink	<b>Cheese Raviolis</b> Homemade marinara sauce with three cheese ravioli -Caesar salad & roll -Drink
21	22	23	24	25
<b>No school for Washington's Holiday</b>	<b>Pulled BBQ Sandwich</b> Shredded chicken coated with bbq sauce on a bun -Cole slaw -Drink	<b>Spaghetti</b> Homemade marinara sauce with al dente pasta -Caesar salad & roll -Drink	<b>Fried Rice</b> Rice sautéed with ginger, garlic, green onion & egg -Potstickers -Drink	<b>Pesto Cheese Pizza</b> with pesto sauce & mozzarella cheese -Caesar salad -Drink
28	1	2	3	4
<b>No school-Teacher Work Day</b>	<b>Tomato Soup</b> Homemade tomato soup -Caesar salad -Roll -Drink	<b>Breakfast Day</b> French Toast w/yogurt & sausage -Fruit -Drink	<b>Teriyaki Chicken</b> Soy, ginger, and garlic marinated chicken over steamed rice -Potstickers -Drink	<b>Pesto Tortellini</b> Cheese tortellini tossed in a pesto cream sauce -Caesar salad & roll -Drink